

PE Syllabus: 2021-2022

Welcome to Physical Education

Mission Statement:

Physical Education at Pinkerton academy will provide students with the knowledge of physical activity that will promote a lifetime commitment to a healthy lifestyle. Physical education should have a positive impact for a lifetime of health and well-being. Physical education will also instill in students the knowledge, skills, and values to make appropriate physical activity choices to integrate exercise into their lives.

Our physical education faculty will help students to develop knowledge to select life-time activities that promote physical competence, cognitive understanding, and positive attitudes about physical activity, providing quality assessments that will help students understand and improve their physical well-being throughout their life and their individual fitness.

Habits of the Mind Focus

	<p>13. Taking responsible risks</p> <p><i>Venture out!</i></p>
<p>Being adventuresome; living on the edge of one's competence. Try new things constantly.</p>	

You will be required to:

- *Be an active participant*
- *Be present in class*
- *Dress appropriately for activity (PA Dress Code)*
- *Be respectful to your teacher/peers/self/and property*
- *Complete homework and classwork assignments*
- *Complete and pass competencies*

Appropriate PE Attire:

- *Students are expected to be appropriately dressed (within school dress code) for physical activity.*
- ***Changing your clothes for class is optional but you should be within the PA dress code.***
- *Do not wear a skirt or dress to this class, even if within the dress code*
- ***Sneakers with laces that tie for support during activity are mandatory***
- *A facemask when required*
- *Some suggestions for appropriate clothing:*
 - ***Athletics t-shirt (with athletic neckline and go past waist),***
Warm-up pants, Sweatpants, Joggers, Leggings, Sport Capris,
Sport Shorts close to your knees when standing, or yoga pants

<i>Google Classroom used for...</i>	<i>ASPEN is used for....</i>
<ul style="list-style-type: none"> ● <i>Submitting assignment</i> ● <i>E-mail correspondence</i> ● <i>Sharing documents</i> ● <i>Competency materials</i> ● <i>Homework due dates</i> ● <i>Reminders</i> ● <i>Lesson plans (depending on the teacher)</i> ● <i>Google Classroom</i> ● <i>Study guides/Resources</i> 	<ul style="list-style-type: none"> ● <i>Communication Home</i> ● <i>Weekly Grading</i>

Open Competencies/Grading:

This course utilizes course-long open competencies. The student will receive a grade in the Competency Category any time they have completed a task that demonstrates that particular skill. There will be many assessments given and aligned with each competency so that students are able to show their understanding multiple times before the end of the course. A single assignment may be aligned to more than one competency. Each assignment, test, QPA, etc. will have a point value that will determine the weight it represents for its competency. A grade of 65% or higher in a competency category indicates passing that competency. In order to receive credit for the course, a student must pass each competency category.

The competencies for this course are:

<i>Competency Titles</i>	<i>Examples</i>
<i>Collaboration</i>	<ul style="list-style-type: none">● <i>group work, taking on roles, game play, communication, etc.</i>
<i>Skills</i>	<ul style="list-style-type: none">● <i>skills assessments, peer assessments, self-assessments, video reviews, etc.</i>
<i>Concepts</i>	<ul style="list-style-type: none">● <i>quizzes, tests, projects, Edpuzzles, Discussions (electronic and in-person), etc</i>

In order to earn credit for the course, a student must numerically pass the course with a 65% or higher and numerically pass each competency with a 65% or higher.

Late Summative Procedure:

For each day that a completed summative assignment is submitted past its due date, a 7% deduction per day will be applied. If the assignment is 5 or more days late a total total of 35% will be deducted.

Academic Honesty and Integrity:

*In an attempt to promote student excellence, Pinkerton Academy expects students to conduct themselves with honesty and integrity. It is critical that students are aware of Pinkerton Academy's expectations with respect to academic honesty and integrity. Please see the student planner for the rest of the policy. **Please see page 56 of the Student Planner for the rest of the policy, including first and second infractions along with a model list of what is/is not acceptable.***

Deadline to Submit Work For the Course:

No additional work will be accepted by the teacher after the student completes midterm/final exams. Exceptions to this are students with incompletes.

Aspen Codes:

<i>x</i>	<i>exempt; not missing, not part of grade calculation</i>
<i>m</i>	<i>missing, not part of grade calculation (used for extended absences only)</i>
<i>i</i>	<i>incomplete - not handed in but may be handed in late; zero in grade calculation</i>
<i>r</i>	<i>"received" - I have received your summative assessment; it has not yet been assessed for a grade.</i>
<i>z</i>	<i>not handed in, may not hand in late; missing, zero in grade calculation</i>

- ** If a code is followed by the word "exempt" in parenthesis, that does not mean the assignment is actually exempt. This is caused by an algorithm in Aspen that reports to the gradebook that no score should be recorded yet. This part of Aspen is not customizable so the "exempt" in parenthesis cannot be removed. The only code in Aspen that actually means "exempt" is the "x" code.*

- For example, if the score reads “r (exempt),” that simply means “received” - “I have received your summative assessment; it has not yet been assessed for a grade.”

Attendance Policy:

- Grades on the report card will be grades that are earned by the student regardless of the number of days out.
- Attendance grades for each class each quarter will be reported on report cards. Grades will be based on a four-point scale, similar to the current Responsibility Rubric. These grades will be reported the same way; teachers will not need to enter other grades for this as Aspen will be able to populate the grade for each course, each quarter automatically.

4 (Distinguished)	3 (Proficient)	2 (Basic)	1 (Unsatisfactory)
0-2 absences	3-4 absences	5-7 absences	8+ absences

Electronic Devices:

Cell phones, music players, and earbuds should be kept in the students backpack unless specified by the teacher. This includes the students that are not participating. The first infraction will be a warning with subsequent infractions resulting in a detention. Keep the devices off and out of sight, unless otherwise instructed by the classroom teacher or medically necessary. Electronic device usage is not allowed during any emergency procedures. (Or you can use your own classroom policy).

Tardy to Class / Leaving Class Early:

A student is responsible for being **in the gym** on time. For the first offense, there will be a verbal warning. For the second and any subsequent offense, the student will receive a detention. A student who leaves class early

without permission will receive a detention and their administrator will be notified.

Misbehavior in Class:

Behavior issues will be handled in the following manner: conversation with the student and/or parent, detention, dept chair/ administrative intervention. Some examples of misbehavior include swearing, unnecessary roughness, not following directions, failure to follow class policies/rules.

Homework:

Check Google Classroom regularly for assignments.

Important Reminders:

- Physical Education is a graduation requirement at Pinkerton Academy.*
- It is your responsibility to check Google Classroom regularly for assignments and ASPEN for updated grades*

PE POLICIES

- 1. No food or drink (except water) is allowed in the gymnasium.*
- 2. No gum chewing is permitted during the Physical Education period.*
- 3. All Jewelry must be able to be removed upon the teacher's request. The only exception is a flat stud in the ear. Bring a baggie or non-glass container to hold your jewelry in your backpack during class.*
- 4. Students should NEVER leave the gym/class space without permission from a teacher.*
- 5. Any student who reports to class after the bell will need a pass*
- 6. Follow the Pinkerton Dress Code*

7. *All clothing, headgear, and footwear with inappropriate or suggestive words, phrases, or illustrations displaying or promoting alcoholic beverages, tobacco products, illegal substances, prejudice, violence, sexual activity or innuendoes are prohibited.*
8. *Bullying is not tolerated at the Academy and will be turned in immediately to administration.*
9. *All school rules apply to Physical Education*

HAVE FUN!!!

“Pinkerton Academy fosters a student-centered community with purposefully designed, interactive, and relevant learning opportunities. These learning opportunities often result in students expressing their thoughts and/or opinions . Pinkerton encourages students to engage in the learning process. However, it is important to note that the thoughts and opinions expressed by students are not necessarily those of Pinkerton Academy, its, faculty, staff, and administration, and the expression of an opinion by a student should not be construed as endorsement of that opinion by Pinkerton Academy, its faculty, staff or administration.”